## Art4Me

**WestREAP's Creative Spaces Programme** 

## **ART4ME TERM 2** 2024

Art4Me is a space for adults to work on their own creative projects.

Tutor support, materials, and encouragement are supplied.



WestREAP Art4Me was established in Hokitika in 2015. 11 tutors - 100 artists - 7 weekly programmes - 4 venues.

Art4Me fosters creativity and self-expression, provides opportunity for artistic exploration and promotes mental, emotional, and social wellbeing.

Everyone, regardless of barriers, can benefit from the transformative power of the arts!

Westreap
RURAL EDUCATION ACTIVITIES PROGRAMME

Join us at Art4Me to explore your creativity while building connections with others in a friendly and encouraging environment.

**CREATIVE SPA** 

Sessions run weekly and cost \$5. We also run one-off workshops & activities like pit-firing (ceramics) and printmaking. We promote opportunities to participate in exhibitions.

It's not just about creating art; it's about the social connections and sense of belonging that come from working together in a safe and inclusive atmosphere. And its fun!

He hono tangata e kore e motu, kāpā he taura waka, e motu!

Human connections cannot be broken!







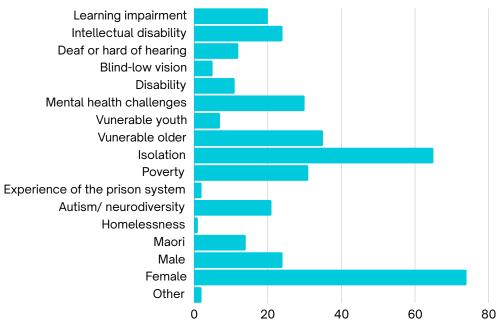




## Art4Me - Our kaupapa of care

## Who comes to Art4me?

Participants described by gender and barriers to participation. Feb 2024.



Art4Me will continue to build on its successful foundation, enhancing its role as a vital resource for promoting wellbeing and resilience through creativity in the Westland

We'll keep growing and continue to organise one-off events, pilot sessions, shared projects, and exhibitions to keep the community engaged and to attract new participants.

Maintain our open and welcoming approach to all adults, especially focusing on newcomers, retirees, and those needing extra support.

Strengthen partnerships with local support services . These collaborations not only enhance participant support but also integrate Art4Me more deeply into our community.

Continued investment in ongoing training and development for tutors to enhance their facilitation and creative skills. Tutors regularly engage in skill-sharing and professional development sessions, fostering a supportive network of skilled facilitators.

Continue to evaluate and ask for feedback. Use these insights to refine and adjust the programme, ensuring we remain responsive to community needs.

Highlight the positive impacts of Art4Me through case studies, testimonials, and participant stories and share them.

Art4Me enables artists to live and work as part of vibrant rural communities. We've built a growing network of artists with facilitation skills who live and work locally.

We're part of a national network of Creative Spaces, supported by Arts Access Aotearoa.



"This is a great place. I'd find it hard not to come. Lots of people to meet. The core group that are here most weeks, and new people. Its very inclusive and many of us are aware it must stay that way for everyone."

B. Art4me Artist since 2020

"It's more than art- it's a familya group of friends/people who offer care and support" C. Art4me artist since 2019

In the beginning I was hugely reluctant - even to look through resources and find what I wanted to use. My confidence in myself, to ask questions, to identify my needs has increased.

Its easier now to help others. I can talk to new people and suggest ideas and share.

T. Art4me artist since 2022

All creative spaces (100%) responded that the outcomes for their clients as a result of participating in their creative space are social interaction, increased confidence, improved wellbeing, increased creative expression/skills, increased self-esteem and a sense of belonging. Almost all (95-97%) also indicated that outcomes included communication skills, connection with their local community and self-development.

Ministry for Culture & Heritage Manatū Taonga (NZ) 2019