

RESOURCES AVAILABLE AT WestREAP

WestREAP has a large amount of resources available to the public, most for very small or no charge.

Resource Library

Large range of parenting and community books, children's books, educational opportunities and family pamphlets are available at no charge.

Meeting Rooms

A large meeting room and a smaller one are available for hire at very reasonable rates. Tea & coffee facilities, Data Projector, Electronic Whiteboard & OHP are also available.

Office Services

Photocopying, binding, laminating and other office services are available.

ORGANISATIONS SUPPORTING FAMILIES WITH YOUNG CHILDREN

FAMILY COUNSELLING SERVICES

- Barnardos 0800 4 PARENT
- Relationship Services 0800 RELATE
- West Coast Well Women's Centre Inc. 768 7192

TELEPHONE COUNSELLING SERVICES

- Barnardos 0800 4 PARENT
- Plunketline 0800 933 922
- Lifeline 0800 543 354
- Parent Help Telephone Counselling 0800 472 736

HOME HELP/RESPITE CARE/CHILD STAY

- Barnardos 768 6946 or 03 755 8953
- Awatuna Parenting Programme 756 9047

PARENT INFORMATION & SUPPORT

- Greymouth Parents Centre PO Box 36, Greymouth, 762 5124 (Cath)
- Well Women's Centre 52 Alexander Street, 768 7192
- Buller Westland Playcentre Association PO Box 141, Greymouth, 768 0782
- Plunket Family Centres 768 7293, 03 755 6332
- Parents as First Teachers (PAFT) 03 755 7139
- Rata Te Awhina 1 Weld Street, Hokitika 755 6572
- Poison Centre 0800 764 766
- Victim Support Police Stn, Greymouth, 768 1600
- West Coast Women's Refuge 0800 208 339
- Rape Crisis 0800 274 747
- Budget Advice Services 768 0369 or 789 8080
- Healthline 0800 611 116
- Family Focus 768 0369
- Family Start 768 6568, P O Box 362, Greymouth
- Homebuilders 788 8065
- Citizens Advice 0800 367 222
- Awatuna Parenting Programme 756 9047
- B4 School Nurse 0800 724 325



WHAT'S ON FOR UNDER FIVES Hokitika & Westland District Term 3 2010

SPECIAL EVENTS

| WHAT | WHERE | WHEN | CONTACT |
|--|---|--|--------------------------------------|
| Ukulele & Puppet Workshop with Anna Bowen | WestREAP 72 Tudor Street Hokitika | Thursday 22 nd July 5 – 7.30 pm | WestREAP 755 8700 Cost \$30 pp |
| Early Childhood Education EXPO | St Andrew's Hall Fitzherbert Str Hokitika | Friday 23 rd July 12.30pm – 3.00pm | Desma Reedy WestREAP 755 8700 |

ACTIVITIES & COURSES FOR PARENTS

| WHAT | WHERE | WHEN | CONTACT |
|--|--|--|--------------------------------------|
| Simple Yoga for Pregnancy & Birth | REAP House 72 Tudor Street | Tuesdays 11am – 12.30pm | WestREAP 755 8700 |
| Sit & Be Fit | Senior Citizens Room | Tuesdays 10.30am – 11.00am Cost \$1 | Sally 755 6772 |
| Bodyworx Fitness Centre | 266 Stafford St Hokitika | Supervised Play area on Mon, Wed, Fri 9am – 11am Mondays 1pm (no crèche) | Michelle 7558151 |
| Plunket | 60 Sewell St | Nurse avail @ clinic Tues and Wednes. Appointments necessary for home visits & clinic. | 755 6332 |
| Plunket Clinic Hari Hari | Hari Hari Clinic | Once a of Month | 755 6332 |
| B4 School Check | All Saints Hall Cnr Bealey & Stafford Str | Thurs 5 th August Tues 12 th October | Jackie 0800724325 For bookings |
| Toddler Toilet Training Evening | St John's Hall Stafford St, Hokitika | Wednesday 20 th October 7.30 – 9pm | Stacey 768 7706 027 365 3075 |

This brochure is updated each school term and available from our website

www.westreap.org.nz

EDUCATION & CHILDCARE

Involving your children in Early Childhood education has positive and lasting benefits for young children. Strong foundations for learning are established and children are encouraged to develop to their full potential.

No matter what your circumstances are as a family there are opportunities to participate in quality early childhood education. Its not just a matter of kindergartens or crèches although these services are vital and offer a range of services here on the Coast but knowing there are other services out there can be helpful.

WestREAP has resources for borrowing, information booklets and contact numbers about playgroups, parenting programmes and early childhood education programmes that are available in your community.

| WHAT | WHERE | WHEN | CONTACT |
|--|---|--|--|
| Kidsfirst Kindergarten Hokitika | 77 Hall Street | 5 Morning Sessions for 4 – 5 year olds 3 Afternoon sessions for 3 - 4 year olds | Cerridwyn Dimmick 755 6785 |
| Scenicland Pre-School & Nursery | Cnr Hampden & Davie Streets | 8:00 am – 5.00pm All Day care available | Ann-Marie Wall 755 5171 |
| Kaniere Playcentre | 14 Camp Street Kaniere | Mon, Tues, Wed, Fri 9.30 – 12.00am | 755 7425 |
| The Children's House | 199 Stafford St Hokitika | 8.30am – 3.30pm | Lily Fyfe 755 6221 |
| Kidstart Home-based Childcare | 37 Alexander St Greymouth | Childcare in caregivers homes | Trish Komen 03 768 6946 |
| Correspondence School (Preschool by post) | Avail for those in rural area, long term illness or special needs | Fulltime or dual (can attend a preschool up to 2 times a week) | Jenny Hayes 0800 65 99 88 www.correspondence.school.nz |
| WestREAP Early Literacy Project Have fun learning about early literacy skills for 3 ½ to 5 year old children | In your own home or a nominated site | Register your interest by giving WestREAP a call or visit our website | Karen Greenslade @ WestREAP 755 8700 or 0800 927327 |
| Early Childhood Promoter | Support and assistance with introduction or enrolment in quality EC Education | | Toni Sims WestREAP 768 7435 |

ACTIVITIES & PLAYGROUPS

| WHAT | WHERE | WHEN | CONTACT |
|--|--|---|---|
| Melody Makers Hokitika | REAP House 72 Tudor Street Hokitika | Wednesdays – 10.15 – 11.15am followed by morning tea | WestREAP 755 8700 Cost \$2.50 Under 1's free |
| Puna Kohungahunga All families welcome | Whanau room Hokitika Primary Park Street | Fridays 10am to 1.00pm | WestREAP 755 8700 or 768 6629 |
| Play Gym Gymnastics for 3-5 year olds | Hokitika Primary School Hall Park Street | Mondays 1pm – 1.45pm \$35 per term | Register at WestREAP 755 8700 |
| Te Kohanga Reo o Te oho ake o Taapuawai (Arahura Kohanga) | Arahura Pa Green Building on the main road | Monday to Friday 9.30 – 1.30 | Miriana 021 1551 743 |
| Breastfeeding Support Group (BABES) | Plunket Rooms 60 Sewell St | 1 st Monday of Month 10-12 | Anna McInroe 732 3641 |
| Homebirth Support Group | At Members Homes | Monthly meetings | Sharon Knightbridge 755 6095 |
| Plunket Car Seat Hire | | | Ann Manera 755 4039 |
| Storytime – Westland District Library | Library 20 Sewell Street, Hokitika | Thursdays 10.30 – 11.00am | Mary Parker 755 6208 |
| Westland Toy Library | Hokitika Primary School, Park St Hokitika | Tuesdays 10.00 – 1.00 | Lynda Murphy lyndamurphy@ xtra.co.nz |
| Rural Playgroups – Please check with Joanna Lorimer for more information. | | | |
| Fox Glacier | Fox Glacier School | Mon, Wed, Fri 10.30-12.30pm | Joanna Lorimer |
| Franz Josef | Community Hall | Mon, Fri 10.30- 12.30pm | Ministry of Ed 03 768 5306 |
| Haast | Haast School | Mon,Thurs 10.00 – 12.00 | 027 249 1838 |
| Hari Hari Ross | RSA Hall 19 Monteith Str | Mon 10.30-12.30 Thurs 12.00-2.00 | |
| Whataroa | 65 Scully Road | Mon, Wed 11-2.00 | |

This information booklet for families with children under five is published each school term. We endeavour to check that all information is correct, but welcome your comments and suggestions. If you would like an activity or group you are a part of to be mentioned, please contact Pauline Weaver or Kerry Adams at WestREAP 03 755 8700.