

## RESOURCES AVAILABLE AT WestREAP

WestREAP has a large amount of resources available to the public, most for very small or no charge.

### Resource Library

Large range of parenting and community books, children's books, educational opportunities and family pamphlets are available at no charge.

### Meeting Rooms

A large meeting room and a smaller one are available for hire at very reasonable rates. Tea & coffee facilities, TV and video, OHP are also available.

### Office Services

Photocopying, binding, laminating and other office services are available.

## ORGANISATIONS SUPPORTING FAMILIES WITH YOUNG CHILDREN

### FAMILY COUNSELLING SERVICES

- Barnardos 0800 4 PARENT
- Relationship Services 0800 RELATE
- West Coast Well Women's Centre Inc. 768 7192

### TELEPHONE COUNSELLING SERVICES

- Barnardos 0800 4 PARENT
- Lifeline 0800 543 354
- Parent Help Telephone Counselling 0800 472 736

### HOME HELP/RESPITE CARE/CHILD STAY

- Barnardos 768 6946 or 03 755 8953
- Awatuna Parenting Programme 756 9047

### PARENT INFORMATION & SUPPORT

- Greymouth Parents Centre PO Box 36, Greymouth, 762 5124 (Cath)
- Well Women's Centre 52 Alexander Street, 768 7192
- Buller Westland Playcentre Association PO Box 141, Greymouth, 768 0782
- Plunket Family Centres 768 7293, 03 755 6332
- Parents as First Teachers (PAFT) 03 755 5378
- Rata Te Awhina Tarapuhi Street, Greymouth, 768 7678
- Poison Centre 0800 764 766
- Victim Support 0800 VICTIM
- West Coast Women's Refuge 0800 208 339
- Rape Crisis 0800 274 747
- Budget Advice Services 768 0369 or 789 8080
- Healthline 0800 611 116
- Family Focus 768 0369
- Family Start 768 6568, P O Box 361, Greymouth
- Homebuilders 788 8065
- Citizens Advice Bureau 0800 367 222
- Awatuna Parenting Programme 756 9047



## WHAT'S ON FOR UNDER FIVES Greymouth and Grey District Term 3 2010

### SPECIAL EVENTS

WHAT	WHERE	WHEN	CONTACT
<b>Ukulele &amp; Puppet Workshop with Anna Bowen</b>	Karoro Learning Centre Tainui Street	Wednesday 21 <sup>st</sup> July 5 – 7.30 pm	WestREAP 755 8700 Cost \$30 pp
<b>Early Childhood Education EXPO</b>	Karoro Learning Centre Hall Tainui Street	Tuesday 20 <sup>th</sup> July 12.30 – 3pm	Desma Reedy WestREAP 755 8700
<b>Awesome Start to Life</b> with Lisa McKimm from Parenting Worx		Friday 20 <sup>th</sup> August 7 – 9.30pm	Cath from Grey Parents Centre
<b>Awesome Parents</b> with Lisa McKimm from Parenting Worx		Sat 21 <sup>st</sup> & Sun 22 <sup>nd</sup> August 9 – 3.30pm	762 5124

### ACTIVITIES & COURSES FOR PARENTS

WHAT	WHERE	WHEN	CONTACT
<b>Antenatal Classes</b> (Greymouth Parents Centre)	Karoro Learning Centre Library, Tainui St, Greymouth	Sat 28 <sup>th</sup> Aug & 4 <sup>th</sup> Sept 9.30 – 4.00pm	Cath Giles 762 5124
<b>Exercise Classes</b> <b>(Creche Avail)</b>	Fat Max's Gym Preston Road	Mon 9.15 (RPM) Tues 9.15 (Step & Butt) Thurs 9.15 (RPM)	Helen at Fat Max's Gym 768 0768
<b>Greymouth Aquatic Centre</b>	Tainui Street Greymouth	Any time of day. No set programme.	768 9076
<b>B4 School Checks</b>	Elim Hall Boundary St Greymouth	22 <sup>nd</sup> & 23 <sup>rd</sup> July 1 <sup>st</sup> & 2 <sup>nd</sup> September	Jackie 0800 724 325 for bookings
<b>Plunket Self Weigh Clinic</b>	Plunket Rooms 8 Frickeleton St, Greymouth	Thursdays 10.00 – 12.00 Self Weigh Clinic	768 7293
<b>Promoting Your baby's Wellbeing</b> (Grey Parents Centre)	Plunket Rooms Frickeleton Street Greymouth	Friday 13 <sup>th</sup> August 10am – 12noon	Stacey 768 7706
<b>Baby Massage</b> (Grey Parents Centre)	Plunket Rooms Frickeleton Street Greymouth	Friday 20 <sup>th</sup> August 10am – 12noon	Stacey 768 7706

## EDUCATION & CHILDCARE

Involving your children in Early Childhood education has positive and lasting benefits for young children. Strong foundations for learning are established and children are encouraged to develop to their full potential.

No matter what your circumstances are as a family there are opportunities to participate in quality early childhood education. It's not just a matter of kindergartens or crèches although these services are vital and offer a range of services here on the Coast but knowing there are other services out there can be helpful.

WHAT	WHERE	WHEN	CONTACT
<b>Kidsfirst Karoro Kidsfirst Greymouth</b>	20 Loris Place 85a Shakespeare St	5 Morning Sessions for 4 – 5 year olds 3 Afternoon sessions for 3 - 4 year olds	Alison Huddle 768 6727 Debbie Smith 768 6024
<b>Scenicland Pre-School &amp; Nursery</b>	<b>Cobden</b> 36-38 Fox Street <b>Greymouth</b> Nelson Street <b>Central</b> 24 Shakespeare Street	8.30am – 5.00pm 8.00am – 5.00pm 8.00am – 5.00pm	Julie Clemett 768 0738 Lynette Kiora 768 9099 Marilyn 768 0708
<b>Playcentres</b>	Blackball Paroa Runanga  Grey Valley	Mon & Fri 9.30 – 12 Mon, Wed, Thur, 9.15 Mon, Tues, Thur, 10-12.30 Fri 9.30 -12 Tues & Thu 9.30-12	Buller Westland Playcentre Assn 768 0782
<b>Barnardos Early Learning Centre</b>	37 Alexander St	Monday to Friday 8.00am – 5.00pm 0– 5 years old	Raelene Johnson 768 7476
<b>Kidstart Home-based Childcare</b>	37 Alexander St	Childcare in caregivers homes 0 – 5 years old	Trish Komen 768 6946
<b>Correspondence School (Pre-school by post)</b> <a href="http://www.correspondence.school.nz">www.correspondence.school.nz</a>	Avail for those in rural area, long term illness or special needs	Fulltime of dual (can attend preschool up to 2 times a week)	Jenny Hayes 0800 65 99 88
<b>WestREAP Early Literacy Project Literacy skills for 31/2 to 5 year olds</b>	In your own home or a nominated site	Register your interest by giving WestREAP a call or visit our website	Karen @ WestREAP 755 8700 or 0800 927327 755 8700
<b>Early Childhood Promoter</b>	Support and assistance with introduction or enrolment in quality EC Education		Toni Sims WestREAP 768 7435

## ACTIVITIES & PLAYGROUPS

WHAT	WHERE	WHEN	CONTACT
<b>Parents Centre Kiwi Kids Music 'n' Gym</b>	Karoro Bowling Club Nelson Street Greymouth	Tuesday 10am –12 (Term Time) \$10 members or \$30 non members per term	Carmen 768 4994
<b>Breastfeeding Support Group (BABES)</b>	Elim Church 19 Boundary St	Last Monday of Month 10 - 12	Anna McInroe 732 3641
<b>Homebirth Support Group</b>	At Members Homes	Monthly meetings	Sharon Knightbridge 755 6095
<b>Greymouth Toy Library</b>	Women's Centre Guinness Street	Thurs 11.00 – 1.00 Sat 11.00 – 1.00	Michelle Keene 768 6965
<b>Plunket Car Seat Hire</b> <b>Plunket Bouncy Castle</b>			Jody Fahey 768 0171 Kay 762 6621
<b>Kids 'n' Coffee</b>	Anglican Church Tainui Street	Fridays 10-12 Term Time	Bill Graydon 768 4722
<b>Storytime</b> Stories, songs ,rhymes with librarian <b>Breastfeeding area available</b>	Grey District Library Albert Mall	Thursday 11am	768 5597
<b>Cobden Melody &amp; Play</b>	The Arc, Richmond Street	Wednesday 9.30 – 11.00	Tracey Hutt 768 7801
<b>Greymouth Gymnastics Club</b>	Dobson Community Hall	3 – 5 years Tues 1-1.45 Tues 1.45-2.30pm	Anna Morgan 768 5144
<b>Rural Playgroups – Please contact Joanna Lorimer for more details.</b>			
<b>Barrytown Reefton Rotomanu</b>	Barrytown School Playcentre Rotomanu Hall	Fri 9.30– 1pm Wed 10 – 12.00 Wed 10.30 – 12.30	Joanna Lorimer Ministry of Ed 03 768 5306 027 249 1838

This information booklet for families with children under five is published each school term. We endeavour to check that all information is correct, but welcome your comments and suggestions. If you would like an activity or group you are a part of to be mentioned, please contact Pauline Weaver or Kerry Adams at WestREAP 03 755 8700.

This brochure is updated each school term and available from our website

[www.westreap.org.nz](http://www.westreap.org.nz)